



Signs and Symptoms of Tethered Oral Tissue (TOT's)

- Feeding Difficulties/Poor Suckling/Sucking
- Poor Weight Gain
- Clicking or gulping sounds while nursing
- Painful Feeding for Mama and Baby
- Gumming Breast/Nipple
- Fussiness & Irritability (during or after feeding)
- Short/Long/Frequent Feeding Sessions
- Milk Leakage/ Poor Lip Seal
- Lip Blistering
- Colic/Gas/Reflux

If you are experiencing *any* of these symptoms, we are here to help!



**SPEECH
WITHOUT
LIMITS
THERAPY**

